



# ST PETER'S CATHOLIC PRIMARY

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Dear Parents

We are settling in well to the New Year and trust that your child is enjoying the start of the new school year!

In our school we have a number of children enrolled who have severe anaphylactic reactions to certain products, such as peanuts. For these children, this reaction can be sudden and life threatening.

As parents, we all want the best for our children, and if we can foresee a potential threat to our children we have a moral and legal obligation to eliminate or minimise that threat.

With that in mind, we are asking *all families to eliminate peanut and tree nut products from their child's school menu*. This would mean eliminating nuts and products containing nuts (peanuts and tree nuts) from your child's lunch box, such as peanut butter, muesli bars that contain nuts, and nutella.

If you have packaged goods that say "may contain traces of peanuts/nuts" these are okay and are considered to be low risk.

I realise this places some limitations on your child's eating choices, but I am hopeful that your child enjoys a wide and varied diet and will still enjoy their lunches even without nut products.

This does not mean birthday cakes cannot come to school; allergy free products provided by the individual's family are stored at school for those occasions so everyone can participate; it is just a matter of letting your child's teacher know a day in advance.

We will be working with the children on this topic as well, so they have a full understanding of what we are trying to achieve and how they can help.

With your cooperation and support we can take every precaution possible to ensure the safety and well-being of the children in our care. I am sure all members of our community share this same goal.

Should you have any concerns, please do not hesitate to contact me.

Kind regards,

Carolyn Watson

Principal